



# FEBRUARY | 2020

## River Valley Elementary School – Three Oaks

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>3</b></p> <p>Mini-Corn Dog* Cooked Carrots Baked Beans Peaches Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>	<p><b>4</b></p> <p>Quesadilla* Lettuce, Salsa Fiesta Beans Corn Fresh Fruit Choice Applesauce</p> <p>2<sup>nd</sup> Choice: WOW! Sandwich*</p>	<p><b>5</b></p> <p>Macaroni Cheese* Green Peas 100% Veggie Juice Pears Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>	<p><b>6</b></p> <p>Pizza Bagels* Romaine Salad Assorted Fresh Vegetables Fruit Cocktail Applesauce</p> <p>2<sup>nd</sup> Choice: WOW! Sandwich*</p>	<p><b>7</b></p> <p>Chicken Alfredo* Garlic Bread* Carrots Broccoli Fruit Cup Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>
<p><b>10</b></p> <p>Chicken Patty* Mashed Potatoes Garlic Toast* Baked Beans Peaches Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>	<p><b>11</b></p> <p>Breakfast Pizza* Triangle Potato Cherry Tomatoes Orange Juice Applesauce</p> <p>2<sup>nd</sup> Choice: WOW! Sandwich*</p>	<p><b>12</b></p> <p>Chicken Nuggets* Garlic Bread* Cauliflower Cooked Carrots Pears Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>	<p><b>13</b></p> <p><i>Valentine's Day Lunch</i> Spaghetti &amp; Meatballs Garlic Toast Romaine Salad Green Beans Cherry Pink Applesauce 2<sup>nd</sup> Fruit Choice Brownie</p> <p>No Second Choice</p>	<p><b>14</b></p> <p>Happy Valentine's Day 4x6 Pepperoni Pizza* Romaine Salad Assorted Fresh Veggies Fruit Choice</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>
<p><b>17</b></p> <p>Sloppy Joe's* Red Bell Peppers Baked Beans Peaches Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>	<p><b>18</b></p> <p>Nacho Chips* and Cheese Lettuce, Salsa Fiesta Beans, Corn Fresh Fruit Applesauce</p> <p>2<sup>nd</sup> Choice: WOW! Sandwich*</p>	<p><b>19</b></p> <p>Ravioli &amp; Cheesy Breadstick* Green Peas Cooked Carrots Pears Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>	<p><b>20</b></p> <p>Stuffed Crust Pizza* Romaine Salad Assorted Fresh Veggies Fruit Choice</p> <p>2<sup>nd</sup> Choice: WOW! Sandwich*</p>	<p><b>21</b></p> <p>NO SCHOOL</p>
<p><b>24</b></p> <p>NO SCHOOL</p>	<p><b>25</b></p> <p>Sausage Biscuit Sandwich* Triangle Potato Cucumbers Fresh Fruit Applesauce</p> <p>2<sup>nd</sup> Choice: WOW! Sandwich</p>	<p><b>26</b></p> <p>Ash Wednesday Macaroni Cheese Peas Applesauce</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>	<p><b>27</b></p> <p>Chicken a la King* Over Brown Rice* Cooked Carrots Broccoli Pineapple Applesauce</p> <p>2<sup>nd</sup> Choice: WOW! Sandwich*</p>	<p><b>28</b></p> <p>4x6 Cheese Pizza* Romaine Salad Assorted Fresh Veggies Fruit Choice</p> <p>2<sup>nd</sup> Choice: Ham &amp; Cheese*</p>

### Elementary Breakfast

Monday: Yogurt or Cheese, Cereal Bar\*

Tuesday: You Pick 2! – Cereal\*, Muffin\*, Bar\*, or Grahams\*

Wednesday: Assorted Hot Breakfast\*

Thursday: You Pick 2! – Cereal\*, Muffin\*, Bar\*, or Grahams\*

Friday: Fun Breakfast

7- Chocolate Donuts\*

14- Frudels\*

21- No School

28- Chef's Choice\*

All breakfasts are served with Fruit, 100% Juice, & Milk

### General Information:

~All students are required to take at least one full serving of fruit or vegetables with each breakfast or lunch, no exceptions.

~Milk is served at all meals. There will be a choice of Chocolate 1%, White 1%, and Skim.

Questions, Comments, or Concerns? Please

Contact Mrs. Jones at 269-756-7606 or

[jjones@rivervalleyschools.org](mailto:jjones@rivervalleyschools.org)

The River Valley School District Board of Education does not discriminate on the basis of race, color, national origin, sex (including sexual orientation or transgender identity), disability, age, religion, height, weight, marital or familial status, ancestry, genetic information, or any other legally protected category, collectively, "Protected Classes", in its programs and activities, including employment opportunities. Any person who believes that he or she has been discriminated against or denied equal opportunity or access to the District's programs, activities, or services may contact the District's "Compliance Officers": Mrs. Heidi Clark, Chikaming Elementary Principal (Extension 1701) or Mr. Patrick Breen, Middle/High School Principal (Extension 1032), 15480 Three Oaks Road, Three Oaks, Michigan 49128, 269-756-9541

\*This institution is an equal opportunity provider

Breakfast: FREE PS-12, Adult \$2.00

Milk not purchased with a lunch, 50 cents

Lunch: K5 \$2.60, MHS \$2.85, Adult \$4.00

\*whole grain rich item