

APRIL | 2019

River Valley Middle/High School



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Spring Break

March 30 through April 7, 2019

8	Hot Dog Bar* Carrots Baked Beans Fruit Choice	9	Beef Taco* Lettuce, Cheese Tomato, Salsa Fiesta Beans, Corn Fruit Choice	10	Chicken Nuggets* Garlic Bread* Potato Fries Green Beans Fruit Choice	11	4x6 Cheese Pizza* Fresh Veggies Romaine Salad Fruit Choice	12	Hot Ham & Cheese on Pretzel Bun Fresh Broccoli Cherry Tomatoes Fresh Fruit
15	Hamburger or Cheeseburger* Black Eyed Pea Salad Potato Fries Fruit Choice	16	French Toast Sticks* Sausage, Syrup Tri-Tater Cherry Tomatoes Orange Wedges	17	Pasta Bar Cheesy Bread Stick* Romaine Salad Wango Juice Fruit Choice	18	Easter Luncheon Baked Ham Slice Cheesy Potato Casserole Green Beans Fruity Jell-O Bunny Cookie*	19	Good Friday No School
22	Corn Dogs* Red Bell Pepper Strips Triple Threat Bean Salad Fruit Choice	23	Fiesta Bar* Lettuce, Salsa Corn, Fiesta Beans Fruit Choice	24	Mashed Potato Bowl* Dinner Roll* Green Beans Fruit Choice	25	4x6 Sausage Pizza* Fresh Vegetables Romaine Salad Fruit Choice	26	Turkey & Cheese Roll-up* Fresh Broccoli Cherry Tomatoes Fresh Fruit
29	Sloppy Joe* Baked Beans Potato Fries Fruit Choice	30	Scrambled Egg Bowl* Hash Browns Red Pepper Strips Orange Wedges	<p>The River Valley School District Board of Education does not discriminate on the basis of race, color, national origin, sex (including sexual orientation or transgender identity), disability, age, religion, height, weight, marital or family status, military status, ancestry, genetic information, or any other legally protected category, (collectively, "Protected Classes"), in its programs and activities, including employment opportunities. Any person who believes that he or she has been discriminated against or denied equal opportunity or access to the District's programs, activities, or services may contact the District's "Compliance Officers": Mrs. Heidi Clark, Elementary Principal (Extensions 1601/1701) or Mr. Patrick Breen, Middle/High School Principal (Extension 1032), 15480 Three Oaks Road, Three Oaks, Michigan 49128, 269-756-9541"</p> <p>*This institution is an equal opportunity provider*</p>			<p><u>2nd choice Lunch</u> Monday: 4x6 Pizza* Tuesday: WOW! Or Ham & Cheese Sandwich* Wednesday: Hot or Not Thursday: Burgers* Friday: Nuggets & Garlic Toast</p>		

MHS Breakfast

Grab 3-5 points
One point MUST be a fruit or veggie ☺

Daily Hot Breakfast Specials

(2 Pts each) (no cheese or yogurt)
Monday: Chef's Choice
Tuesday: Pancake Dog
Wednesday: Breakfast Sandwich
Thursday: French Toast
Friday: Cinnamon Rolls

1 and 2 pointers

Benefit Bar (2)
Cinnamon Swirl (2)
Choco. Donut (2)
Donut Ring
Cereal (1)
Muffin (1)
Yogurt (1)
Cheese Stick (1)
Donut Hole (1)
Donut Stick (1)

Fruit/Vegetable Choices-

1 pt each, choose 1 or 2
4oz fruit cup or juice
Whole Fresh Fruit, Fresh Veggie Bags

Finish up with 1 point!

Milk Choice Skim or 1%

Questions, Comments, or Concerns –

Contact Jenny Jones 269-756-7606 or
jjones@rivervalleysschools.org

Breakfast: K12 FREE

Adult \$2.00
Lunch: K5 \$2.50
MHS \$2.75
Adult \$3.75
Milk not with lunch 50¢

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE, DUE TO CONDITIONS BEYOND OUR CONTROL.