

# MAY | 2019

## Chikaming Elementary School



### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

The River Valley School District Board of Education does not discriminate on the basis of race, color, national origin, sex (including sexual orientation or transgender identity), disability, age, religion, height, weight, marital or family status, military status, ancestry, genetic information, or any other legally protected category, (collectively, "Protected Classes"), in its programs and activities, including employment opportunities. Any person who believes that he or she has been discriminated against or denied equal opportunity or access to the District's programs, activities, or services may contact the District's "Compliance Officers": Mrs. Heidi Clark, Chikaming Elementary Principal (extension 1701) or Mr. Patrick Breen, Middle/High School Principal (extension 1032), 15480 Three Oaks Road, Three Oaks, MI 49128, 269-756-9541.

"This institution is an equal opportunity provider"

**6** Hot Dog\*  
Carrots  
Baked Beans  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**7** Beef Taco\*  
Lettuce, Cheese  
Tomato, Salsa  
Fiesta Beans, Corn  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**13** Hamburger or Cheeseburger\*  
Black-eyed Pea Salad  
Potato Fries  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**14** French Toast Sticks\*  
Sausage, Syrup  
Tri-Tater  
Cherry Tomatoes  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**20** Mini-Corn Dogs\*  
Red Bell Peppers  
Triple Threat Bean Salad  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**21** Nachos\*  
Lettuce, Salsa  
Fiesta Beans  
Corn  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**27** No School  
  


**28** Pancake Dog\*  
Tri-Tater  
Red Pepper Strips  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**1** Macaroni Cheese\*  
Romaine Salad  
Dragon Juice  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**8** Chicken Nuggets\*  
Garlic Bread\*  
Potato Fries  
Green Beans  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**15** Ravioli\*  
Cheesy Bread Stick\*  
Romaine Salad  
Wango Juice  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**22** Chicken Nuggets\*  
Whole Grain Cookie\*  
Potato Fries  
Green Beans  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**29** Macaroni Cheese\*  
Romaine Salad  
Dragon Juice  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**2** Bosco Sticks\* & Sauce  
Roasted Chickpeas  
Fresh Vegetables  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**9** 4x6 Cheese Pizza\*  
Fresh Veggies  
Romaine Salad  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**16** Stuffed Crust Pizza\*  
Fresh Vegetables  
Tuscan White Beans  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**23** 4x6 Sausage Pizza\*  
Fresh Vegetables  
Romaine Salad  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**30** Bosco Sticks\* & Sauce  
Roasted Chickpeas  
Fresh Vegetable  
Fruit Choice  
  
2<sup>nd</sup> choice: WOW! Sandwich

**3** Parfait & Muffin\*  
Fresh Broccoli  
100% Vegetable Juice  
Fresh Fruit  
  
2<sup>nd</sup> choice: WOW! Sandwich

**10** Mustang Munchable  
(Diced Ham, Cheese, Crackers\*)  
Fresh Broccoli  
Cherry Tomatoes  
Fresh Fruit  
  
2<sup>nd</sup> choice: WOW! Sandwich

**17** Parfait & Muffin\*  
Fresh Broccoli  
Red Bell Peppers  
Fresh Fruit  
  
2<sup>nd</sup> choice: WOW! Sandwich

**24** Turkey & Cheese Roll-up\*  
Fresh Broccoli  
Cherry Tomatoes  
Fresh Fruit

**31** Parfait & Muffin\*  
Fresh Broccoli  
100% Vegetable Juice Box  
Fresh Fruit  
  
2<sup>nd</sup> choice: WOW! Sandwich

### Elementary Breakfast

**Monday: Pick 2 – Cereal\*, Grahams\*, Muffin\***

**Tuesday: Special Breakfast 7- Frudels\***

**14- Mini-French Toast\***

**21- Mini-Pancakes\***

**28- Mini-Waffles\***

**Wednesday: Pick 2 – Cereal\*, Grahams\*, Muffin\***

**Thursday: Pick 2 – Cereal\*, Grahams\*, Muffin\***

**Friday: Special Breakfast**

**3- Chocolate Donuts\***

**10- Mini-Cinnamon Roll\***

**17- Apple Bosco\***

**24- Bagel-fuls\***

**31- Chef's Choice**

**Fruit, Juice, & Milk Available at each meal**

**Questions, Comments, or Concerns –**

**Contact Jenny Jones**

**269-756-7606 or**

**[jjones@rivervalleysschools.org](mailto:jjones@rivervalleysschools.org)**

Breakfast: K12 FREE

Adult \$2.00

Lunch: K5 \$2.50

MHS \$2.75

Adult \$3.75

Milk not with lunch 50¢

MENU IS SUBJECT TO CHANGE WITHOUT NOTICE, DUE TO CONDITIONS BEYOND OUR CONTROL.