



MARCH | 2018

River Valley Middle High School

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast: FREE K12, Adult \$2.00 Milk not with lunch 50¢ Lunch: K5 \$2.50, MHS \$2.75, Adult \$3.75			1 Ravioli* Bread Stick* Broccoli Applesauce 2 nd Choice: Chef's Choice WOW! Sandwich	2 <i>Dr. Seuss Day</i> Green Eggs & Ham One Fish, Two Fish, Red Fish, Blue Fish Tuffala Trees Yinks Drink Pink Ink
5 Chicken Nuggets* GoldFish* Cooked Carrots Baked Beans Peaches 2 nd Choice: Chef's Choice WOW! Sandwich	6 Chicken Quesadilla* Lettuce, Salsa Fiesta Beans Corn Pears 2 nd Choice: WOW! Sandwich	7 Sloppy Joes* Potato Wedges Cherry Tomatoes Fresh Fruit Choice 2 nd Choice: Chicken Patty WOW! Sandwich	8 Mac & Cheese* Pulled Pork Cookie* Broccoli, Cauliflower Applesauce 2 nd Choice: Chef's Choice WOW! Sandwich	9 Bosco Stix* & Sauce Salad with Dressing Fresh Veggies Fresh Fruit Choice
12 Hot Dog* Baked Beans Cooked Carrots Peaches 2 nd Choice: Chef's Choice WOW! Sandwich	13 Beef Taco* Lettuce, Tomato Cheese, Salsa Fiesta Beans, Corn Pears 2 nd Choice: WOW! Sandwich	14 Hot Ham & Cheese* Fresh Veggies Fresh Fruit Choice 2 nd Choice: Chicken Patty WOW! Sandwich	15 Mashed Potato Bowl* Corn Bread* Broccoli, Cauliflower Applesauce 2 nd Choice: Chef's Choice WOW! Sandwich	16 St. Patrick's Day Lunch Stuffed Crust Pizza Green Peppers Cucumbers Green Fruity Gelatin St. Patrick's Day Treat
19 Hamburger* or Cheeseburger* Baked Beans Cooked Carrots Peaches 2 nd Choice: Chef's Choice WOW! Sandwich	20 Chicken Taco* Lettuce, Tomato Cheese, Salsa Fiesta Beans, Corn Pears 2 nd Choice: WOW! Sandwich	21 French Toast w/syrup* Sausage Tri-Tater Cherry Tomatoes Fresh Fruit Choice 2 nd Choice: Chicken Patty WOW! Sandwich	22 BBQ Chicken Sandwich* Broccoli Cauliflower Applesauce 2 nd Choice: Chef's Choice WOW! Sandwich	23 Cheese Pizza* Salad with Dressing Fresh Veggies Fresh Fruit Choice
26 Chicken Patty – Hot or Not* Baked Beans Cooked Carrots Peaches 2 nd Choice: Chef's Choice WOW! Sandwich	27 Super Nachos* Lettuce, Salsa Fiesta Beans, Corn Pears 2 nd Choice: WOW! Sandwich	28 Corn Dogs* Tater Tots Green Beans Fresh Fruit Choice 2 nd Choice: Chicken Patty WOW! Sandwich	29 <i>Spring Fling Lunch</i> Chicken Legs Homemade Muffin* Assorted Veggies Sun Splash Juice No Second Choice	30 Good Friday ½ Day of School No Lunch Served

*The River Valley School District Board of Education does not discriminate on the basis of race, color, national origin, sex (including sexual orientation or transgender identity), disability, age, religion, height, weight, marital or family status, military status, ancestry, genetic information, or any other legally protected category, (collectively, "Protected Classes"), in its programs and activities, including employment opportunities. Any person who believes that he or she has been discriminated against or denied equal opportunity or access to the District's programs, activities, or services may contact the District's "Compliance Officers": Mrs. Heidi Clark, Elementary Principal (Extensions 1601/1701) or Mr. Patrick Breen, Middle/High School Principal (Extension 1032), 15480 Three Oaks Road, Three Oaks, Michigan 49128, 269-756-9541"

*This institution is an equal opportunity provider"

MHS Breakfast
 Grab 3-5 points
 Don't forget a fruit or veggie

Daily Hot Breakfast Specials (2 Pts each) (no cheese or yogurt)
Monday: Pizza
Tuesday: French Toast
Wednesday: Pancake Dog
Thursday: Biscuits & Gravy
Friday: Cinnamon Rolls

1 and 2 pointers
Benefit Bar (2)
Cinnamon Swirl (2)
Choco. Donut (2)
Donut Ring
Cereal (1)
Muffin (1)
Yogurt (1)
Cheese Stick (1)
Donut Hole (1)
Donut Stick (1)

Fruit Choices-1 pt each, choose 1 or 2
4oz fruit cup or juice
Whole Fresh Fruit

Finish up with 1 point!
Milk Choice Skim or 1%

Questions, Comments, or Concerns –
Contact Jenny Jones 269-756-7606 or
jjones@rivervalleyschools.org