



FEBRUARY | 2018

River Valley Middle/High School

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p>"The River Valley School District Board of Education does not discriminate on the basis of race, color, national origin, sex (including sexual orientation or transgender identity), disability, age, religion, height, weight, marital or family status, military status, ancestry, genetic information, or any other legally protected category, (collectively, "Protected Classes"), in its programs and activities, including employment opportunities. Any person who believes that he or she has been discriminated against or denied equal opportunity or access to the District's programs, activities, or services may contact the District's "Compliance Officers": Mrs. Heidi Clark, Elementary School Principal (Extensions 1601/1701) or Mr. Patrick Breen, Middle/High School Principal (Extension 1032), 15480 Three Oaks Road, Three Oaks, Michigan 49128, 269-756-9541"</p> <p>"This institution is an equal opportunity provider"</p> | | | | |
| <p>5 Chicken Patty* Hot or Not? Cooked Carrots Baked Beans Peaches</p> <p>2nd Choice: Chicken Nuggets</p> | <p>6 Crisпитos* w/ Cheese Sauce Lettuce, Salsa Fiesta Beans Corn Pears</p> <p>2nd Choice: WOW! Sandwich</p> | <p>7 Sloppy Joes* Potato Wedges Cherry Tomatoes Fresh Fruit Choice</p> <p>2nd Choice: Chicken Patty</p> | <p>8 Macaroni & Cheese* Pulled Pork Broccoli Cauliflower Applesauce</p> <p>2nd Choice: Hamburger* or Cheeseburger</p> | <p>9 Bosco Stix* & Sauce* Salad with dressing Fresh Veggies Fresh Fruit Choice</p> |
| <p>12 Hot Dog* Baked Beans Cooked Carrots Peaches</p> <p>2nd Choice: Chicken Nuggets</p> | <p>13 Beef Taco* Lettuce, Tomato Cheese, Salsa Fiesta Beans, Corn Pears</p> <p>2nd Choice: WOW! Sandwich</p> | <p>14 Valentine's Day Luncheon Grilled Cheese* Tomato Soup Bell Pepper Strips Strawberry Cups Valentine's Treat</p> <p>No 2nd Choice</p> | <p>15 Mashed Potato Bowl* Corn Bread* Broccoli & Cauliflower Applesauce</p> <p>2nd Choice: Hamburger* or Cheeseburger*</p> | <p>16 Cheese Pizza* Salad with dressing Fresh Veggies Fresh Fruit Choice</p> |
| <p>19 Hamburger* or Cheeseburger* Baked Beans Cooked Carrots Peaches</p> <p>2nd Choice: Chicken Nuggets</p> | <p>20 Chicken Taco* Lettuce, Tomato Cheese, Salsa Fiesta Beans, Corn Pears</p> <p>2nd Choice: WOW! Sandwich</p> | <p>21 French Toast w/syrup* Sausage Link Tri-Tater Cherry Tomatoes Fresh Fruit</p> <p>2nd Choice: Chicken Patty</p> | <p>22 Parent Teacher Conferences 23 Half Day of School No Lunches Served</p> | |
| <p>26 Chicken Patty* Hot or Not? Baked Beans Cooked Carrots Peaches</p> <p>2nd Choice: Chicken Nuggets</p> | <p>27 Super Nachos* Lettuce, Salsa Fiesta Beans, Corn Pears</p> <p>2nd Choice: WOW! Sandwich</p> | <p>28 BBQ Chicken Sandwich* Broccoli Cooked Carrots Fresh Fruit</p> <p>2nd Choice: Chicken Patty</p> | <p>Breakfast: FREE K-12, Adult \$2.00 Lunch: K5 \$2.50, MHS \$2.75, Adult \$3.75 Milk separate from full lunch 50¢ *Whole Grain Rich</p> | |

MHS Breakfast
Grab 3-5 points
Don't forget a fruit or veggie

Daily Hot Breakfast Specials (2 Pts each) (no cheese or yogurt)
Monday: Pizza
Tuesday: Pancake Dog
Wednesday: Breakfast Sandwich
Thursday: French Toast
Friday: Cinnamon Rolls

1 and 2 pointers
Benefit Bar (2)
Cinnamon Swirl (2)
Choco. Donut (2)
Donut Ring
Cereal (1)
Muffin (1)
Yogurt (1)
Cheese Stick (1)
Donut Hole (1)
Donut Stick (1)

Fruit Choices-1 pt each, choose 1 or 2
4oz fruit cup or juice
Whole Fresh Fruit

Finish up with 1 point!
Milk Choice Skim or 1%

Questions, Comments, or Concerns –
Contact Jenny Jones 269-756-7606 or
jjones@rivervalleysschools.org